

The Grapevine

August 23 - September 5 2007 

Deep Roots Connections

by Andy Flinn

So there I was, sitting down with François Côté, the programming coordinator for the Deep Roots Music Festival. The conversation revolved around all of the many performers who will come to (or stay in) Wolfville for this year's festival. François, a very gifted flute player himself, is intensely passionate about music and about people immersed in it. With an excited glimmer in his eyes does he divulge all the "did-you-know's" and "do-you-know's" of this, his baby: The Deep Roots Music Festival lineup.

At some point in the conversation, he offered to draw me a chart showing how all the musicians in the festival connect, relate, cross-connect and re-relate. In the François Côté world of music, there are no more than, hmmm, maybe two degrees of separation. Not only are this year's performers connected in every fashion and manner, all of them appear to be connected in clusters around our own local performers. And yes, this year the blues will be oozin' from more angles than in previous years. I'll get to that in a minute.

Before the festival kicks off in earnest, Mary Gauthier and Annabelle Chvostek will perform in a most intimate setting On The Verge. Only 50 tickets are available for that

event. Rumours are flying that the CBC will be recording that performance "for future reference". Annabelle is familiar to all friends of our very own "A Band of Owls", who have shared many a stage with her, including their own barn in Greenfield. Almost Family. Mary Gauthier will share the Al Whittle stage on Saturday with Mike Aube, where they'll be sharing their Acadian connection with Ryan Leblanc, and Vishten, among others. Mary and Annabelle both will connect with Heather Kelday (A Band Of Owls) and Joel Plaskett at the Festival Theatre during a songwriter's circle.

Ken Shorley, father of Java Jive, iRhythm and Wolfville's yearly Fusion Night, will meet friends from near and far for a "World Music Summit". This will involve saxophonist Daniel Oore, who astonishes audiences far and wide with his virtuosity on pre-existing and self-invented musical instruments like the Oore-monica. Wolfville music connoisseurs know. This event will also include El Viento Flamenco's guitarist, Bob Sutherby, Mark Currie (didgeridoo, bodhran, percussion), Gordon Stobbe (fiddle), Fola and Kojo and will have somewhere around 15 people on stage at the same time.



One of the most exciting aspects of this festival will be the fact that Jack McDonald will be receiving the "Valley Arts Award", for being a true centre for many musicians in the area. This, I plan to discuss in the next Grapevine issue. I cannot imagine a person more deserving of this kind of honour. Jack of course will perform at the Festival, together with many of those who have benefited from his generosity and helpfulness over the years.

And then there's the blues. My favourites include Carlos del Junco (harmonica virtuosity personified), Scott and Ryan Hupman. The Hupman brothers will play a Saturday show at Acadia Cinema's Al Whittle Theatre and be recorded by the CBC as well. Our national Broadcasting Corporation seems to be collecting a lot of gems on this weekend. Who knows, maybe they'll actually air large segments of our festival nationwide. Good for Wolfville. It'll be a total blast.

Tide Predictions for Cape Blomidon

Aug	High	Low
23	08:59	15:01
24	09:58	16:01
25	10:53	16:57
26	11:44	17:49
27	12:32	18:37
28	13:17	19:23
29	14:01	07:47
30	14:46	08:32
31	15:31	09:16
01	16:19	10:02
02	17:09	10:51
03	18:03	11:43
04	19:02	12:41
05	07:37	13:44



Know who these people are? Find out on page 6!



Roots.Folk&Blues

Mary Gauthier ★ Joel Plaskett ★ Ken Whiteley
★ Andrew White & Gillian Boucher ★ Vishten
★ Miki Onokwolu ★ Carlos Del Junco
★ MacCrimmon's Revenge ★ Matt Andersen
★ Dave Carmichael & Melissa Trotter
★ The Hupman Brothers ★ A Band of Owls
★ Gordon Stobbe & Greg Simm ★

DEEP ROOTS
MUSIC FESTIVAL

Sept. 14-16
Wolfville

For tickets and info:
542-ROOT (7668)

www.deeprootsmusic.ca

THE FUTURE OF RESIDENTIAL DEVELOPMENT IN WOLFFVILLE: WHAT DO YOU WANT TO SEE HAPPEN?

by David Daniels

The Sustainable Community Task Force (the "Task Force") has begun to wrestle with the difficult task of rewriting the sections of Wolfville's Municipal Planning Strategy ("MPS") and its Land Use Bylaws ("LUB") dealing with residential zoning in the Town.

The Task Force should consider the following questions in its deliberations.

(1) What is the current status of housing in Wolfville?

Before revising the MPS and LUB, the Task Force should learn as much as possible about the current status of housing in the Town. Here are some questions which might be useful to answer: What is the break down of kinds of housing across Wolfville? How many single and how many multi-unit dwellings are there? And what are the types and numbers for multi-unit dwellings? Walking around Wolfville, I am struck by the number of large multi-unit dwellings. How many single unit dwellings have added apartments? How many single unit dwellings have been converted into multi-unit dwellings, and has this conversion been concentrated in certain areas? Is there information about renters vs. owners? How many condominiums are there? Are there affordable housing units in the town, and if so, how many and where? How many commercial buildings have a residences? What is the population demographics in the town? How many students live in the town, off-campus? What is the elementary school enrollment in the town? Is there information on full time vs. part time residents? How many people in the town are commuters, and where do they commute?

Information about the

number of approved but not yet constructed housing units should also be provided.

The more information the town has about its present housing situation, the better it can plan for the future.

(2) What are the goals?

ONLY THE TOWN'S RESIDENTS CAN SAY WHAT THEY HOPE THE TOWN WILL BE LIKE IN THE FUTURE. Although a community survey is helpful on this question, there is no substitute for public participation. The Community Circles provided one venue for public participation, but the ones I attended were not well attended.

Here are some possible goals: sustainable community, diversity, economic vitality, and affordable housing.

Goals also imply what should be avoided. Are there too many or too few retirees and students, young families (however you might define that term) with young children? Is there too great a concentration of student housing in certain areas of the town?

A good starting point to define the town's goals was the list of questions written by Karen Dempsey, the Project Manager - MPS/LUB Review. Among the questions she posed were: What do you consider to be the most important characteristics of sustainable residential neighbourhoods? What is your favourite residential area in Wolfville? Why? What is your least favourite? What types of housing should be considered for the future? (As of August 18th, this list of questions has not yet appeared on the Town's website but it may appear soon.)

The Town should make this set of questions readily available and equally important, there should be

ways to respond. For those who don't have access to the internet, or who prefer to write their comments, why not provide "suggestion boxes" at strategic locations around town such as the Post Office or library or the Tim Horton's? Not just the town office.

Ms. Dempsey's email address is: kdempsey@town.wolfville.ns.ca.

I have not seen a single notice of the upcoming Task Force meetings posted on the Kiosks in Town.

THERE IS NO SUBSTITUTE FOR ATTENDING THE MEETINGS!!

(3) What are the future trends for residential development?

Predicting future housing trends is difficult, but nevertheless such predictions may be helpful when rewriting the MPS and LUB. Are families with young children moving to town? Retirees? What is the projected student enrollment at Acadia, and does Acadia have plans to build more campus housing? Is there a trend for more commuters to move to the town, especially with the twinning of Highway 101? Are there economic trends in the Annapolis Valley which might impact housing in Wolfville? Answers to these and other questions may be helpful to the town in planning for future residential

development.

(4) What planning powers does the Town have in regards to residential development?

The specific powers delegated to towns to rewrite their MPS and LUB are primarily set forth in Nova Scotia's Municipal Government Act ("MGA"). Part VIII of the MGA is entitled "Planning and Development." Section 214 deals with the MPS and Section 220 sets forth what must and may be contained in the LUB.

The Town should make full use of its powers in order to achieve its goals.

It is worth looking in the past and to other locales to see what planning tools have worked and not worked.

The town should also try to foresee the impact (economic, social and environmental) of the decisions it makes.

Finally, it should be kept in mind that planning can only do so much. Market forces and geographic constraints and other factors, known and unknown, can limit what planners can achieve.

In the end, a successful plan for the Town depends upon the residents who make up the town. The next meeting of the Task Force will take place on September 5th, 7:00 p.m. at the Town Hall.

IMPORTANT TOWN MEETING

SEPT. 5TH, WEDNESDAY 7:00 P.M. TOWN HALL

ON THE FUTURE OF RESIDENTIAL DEVELOPMENT IN WOLFFVILLE

All residents who care about what the Town's future will be like should attend the next few Task Force meetings.



Allison Lickley on the Road

by t@b

Allison Lickley is in Wolfville on vacation, on tour, and on a family visit. She is a singer/songwriter from somewhere outside of Sudbury, Ontario who currently makes her home in Montreal. She has several connections to Wolfville and Nova Scotia however. Her sister Megan Lickley is a Wolfville resident and an Acadia student. Allison completed her bachelor of science at Acadia in 2006. She transferred from Mount Allison in order to spend time with Megan and fell in love with the town. She still visits Wolfville frequently although her blossoming musical career requires her to be in the big city for now. The small town lifestyle comes easy to her though: *"I think there's something very grounding about living in a small community where you are personally responsible to others on a daily basis"*. She is heavily considering a move to Wolfville at some point in the future.

Allison has been taking her original music on tour in Nova Scotia this summer. Together with Megan she's already played in Wolfville, Halifax, Lunenburg and Liverpool and there are more performances to come. Last week we had an opportunity to sit down, chat and find out a little more about her.

Growing up in a rural area, Allison had little choice but to become a very musical and



creative person. Her mother, Heather Jeramaz, is a piano teacher and her father, a singer/songwriter himself, plays guitar and mandolin. The two sisters grew up with music in a house that was (almost) in the middle of nowhere. Allison's family is with her on her ongoing musical adventures. Megan again did some musical arranging on Allison's upcoming CD. Her father David Lickley contributed the song "Allison's A Tired Girl". This soon to be released album is one song away from being complete and can be expected this fall. The theme will be "a search for home" - intimate, honest, and sassy. Guest musicians have recorded banjo, glockenspiel, bass and electronic instruments.

You can find out more about Allison at www.allisonlickley.com and you can experience Allison and Megan's music live in Wolfville on the 25th of August at the Acadia Cinema's Al Whittle Theatre.

Let It Grow - Food

by Melanie Priesnitz

In the night the cabbages catch at the moon, the leaves drip silver, the rows of cabbages are a series of little silver waterfalls in the moon.
- Carl Sandburg

A friend from the city recently emailed me a photo of a pea plant in bloom. He asked what type of beautiful and exotic plant it was; he thought perhaps it was an orchid because of the exquisite shape of the flower.

It's amazing to me that someone could have lived more than 30 years and never once had the pleasure of picking fresh peas from the garden. However, even I have to admit that the first time I saw asparagus growing in a friend's garden I had no idea what it was. It's so easy in today's society to disconnect our food from the soil that it grows in, and it's so important that this doesn't happen.

I have now set myself out on a new mission to discover what all of the plants look like that I eat. It occurred to me that I have no idea where chickpeas come from. Turns out they grow on the Cicer arietinum plant that originated in South-Eastern Turkey. Records show that chickpeas have been cultivated for at least 8500 years and are now produced in 45 countries around the world including Canada. The crop is well suited to the soils and conditions in Western Canada. I would save a lot of cans from finding their way to the recycling bin if I could grow chickpeas in my backyard, so it might be worth a try here in the East.

Another plant that I recently saw growing for the first time is the peanut plant. Arachis hypogea is a legume native to South America. After blooming, the plants send out stems (sometimes called pegs) that find their way below ground into the soil. The

peanut shells (or seed pods) form on the ends of these underground stems. You can try growing your own peanut plant by planting a raw peanut (make sure it's not roasted.) You can either plant individual peanuts or the whole pod in the shell. They should be planted 2 inches deep in a small container filled with potting soil. Keep the soil well watered and with a little luck you should have germination within a week. You'll have to wait at least 3 months before peanuts form. When your plant is mature and your peanuts are ready, dig them up and let them dry out for a week or so before roasting or eating.

One plant I definitely know by sight is the zucchini plant and like so many of us with vegetable gardens, I'm getting a little tired of the sight of it. Seems like the harvest will never end; I can't possibly think of anything else that I can add zucchini to! When the seed catalogues come next winter I will search out new and exciting veggies to grow and try to remember that one package of zucchini seeds is enough!

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Open House Saturday Sept. 8th

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 - 3pm Adult intro. class with Dianne

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What's Happening from August 23 - September 5, 2007

for more event info and to add your own events, visit www.wolfville.org

THURSDAY AUG 23th

Erika Kulnys-Brain and Andrea Curry perform at the Wick Pub (Union Street Cafe in Berwick) at 8 pm. Erika writes about real human experiences and the fierce conviction in her voice can move the stiffest of hearts. (902)538-7787
www.unionstreetcafe.ca

t@b plays at Martini Night at the Grand Pre Winery

Hupman Brothers play at Paddy's in Kentville from 8:30 pm to 10:30

FRIDAY AUG 24

Kitchen Party at Union Street Cafe's The Wick Pub starting at 8pm with special guests Alexia Melnychuk and Lara Yule Singh.

Carol PYE Seasons of Change - Remembrance and Solace Opening Reception at Harvest Gallery (462 Main St.) in Wolfville from 7-9pm. Meet the artist and enjoy a light refreshment. Over 20 new plein air paintings. Runs from August 24 - September 21, 2007. More info: 542-7093.

SATURDAY AUG 25

Allison & Megan Lickley perform at Acadia Cinema's Al Whittle Theatre (Main St. Wolfville) at 8pm. This sister duo will keep you entertained with their beautiful harmonies, original songs, and onstage banter. Tickets are \$7 in advance from Just Us Cafe in Wolfville. \$10 at the door.
www.allisonlickley.com

Justin Wood and Colby Clarke at Paddys Pub Wolfville - Matinee - 1pm - 3pm

Eddie Ellis Band, featuring members of the Tidal Funk Orchestra, perform at 9 pm at The Wick Pub (Union Street Cafe).

Gayle Lahey performs from 10 - 1pm at the Wolfville Farmers' Market. The WFM will also celebrate the Select NS project this Saturday with Select NS Canvas bag, button and T-shirt giveaways. The market takes place every Saturday morning 8.30am - 1.00pm Robie Tufts Nature Centre, Front Street.
www.wolfvillefarmersmarket.com

SUNDAY AUG 26

Elastic Millenium Choir at 4pm at the Covenanter Church, Grand Pre, performing early traditional music of Canada, both sacred and secular, including shape-note music. Tickets at the door: general/seniors \$15, students \$5.

The Hupman Brothers (acoustic) w/ Special Guests at On the Verge 8:00pm - \$8/\$7 advance -
<http://www.hupmanbrothers.com/>

MONDAY AUG 27

Paul Marshall hosts Monday Night Open Mic at Paddy's in Wolfville - 8.00pm

Apple Valley Driving School - Defensive Driving Course.

Place: Acadia University's Beveridge Arts Centre. Time: 6-9 pm, 2 nights: Monday and Tuesday evening. You must pre-register for this course. Price: \$83.34+hst. For more information please call 542-4422 or email Apple Valley Driving School at applevalleydriving@aliantzinc.ca - www.applevalleydriving.ca

TUESDAY AUG 28

Molly's Veil - A True Love Story by Sharon Bajer. Presented by Willpower Theatre at the Al Whittle Theatre in Wolfville - 8pm. Charlotte Whitton took her place in the history books when she became Canada's first female mayor, in Ottawa in 1952. Well-known as a witty, combative and colourful character, always ready to stand up to her mostly male opponents, Whitton shielded her private life from public view. However, her will included the bequest of a locked box to the National Archives of Canada with the stipulation that it not be opened until 1999. The letters and journals it contained chronicle Charlotte Whitton's special relationship with Margaret Grier from the time the two met as fellow students at Queen's University. Tickets are \$20 for Adults, \$18 for students from Box of Delights, Wolfville or at the door or call 542-3044.
www.willpowertheatre.ca

Apple Valley Driving School - Defensive Driving Course. Place: Acadia University's Beveridge Arts Centre. Time: 6-9 pm, 2 nights: Monday and Tuesday evening. You must pre-register for this course. Price: \$83.34+hst. For more information please call 542-4422 or email Apple Valley Driving School at applevalleydriving@aliantzinc.ca - www.applevalleydriving.ca

Fun in the Lost Worlds Club - We will learn about lost cities of stone such as Petra, write letters and stories using hieroglyphics and create time capsules to bury in our backyards! Age Levels: 5 - 8 - Tuesdays & Thursdays @ 3 - 4.30pm, 9 - 11 - Wednesdays @ 3 - 4.30pm. Registration is required. Register today by visiting or calling the Library during opening hours.

WEDNESDAY AUG 29

t@b presents Wednesday Night On The Verge. Featuring t@b at 8:30, Adam Bazinet at 9, John Lynch with Chris Robison at 9:45, Jack McDonald & John Kavanagh at 10 and Rose Folks at 10:15. t@b will finish the evening at 10:45. NO COVER CHARGE. More info at <http://wednesday.wolfville.org>

Boeing Boeing - A Farce by Marc Camelotti. Presented by Willpower Theatre at the Al Whittle Theatre in Wolfville - 8pm. A long-running success in both Paris and London, this is the 'prequel' to Don't Dress For Dinner, a huge Festival Antigonish hit in 2004. On this occasion we meet Bernard and Robert while both are still single. Bernard has a French, a German and an American fiancée, each a beautiful flight attendant with regular two-day layovers in Paris. He boasts to the envious Robert, "I keep one up, one down and one pending," with the seventh day reserved for a well-earned rest. Until, of course, schedules suddenly change and the fun really begins! Tickets are \$20 for Adults, \$18 for students from Box of Delights, Wolfville or at the door or call 542-3044. www.willpowertheatre.ca

Kentville Market from 10-2pm at the Kentville Town Square.

THURSDAY AUG 30

Hupman Brothers play Martini Night at the Grand Pre Winery

Boeing Boeing - A Farce by Marc Camelotti. Al Whittle Theatre in Wolfville at 2pm. See Aug 29th listing for more.

Molly's Veil - A True Love Story by Sharon Bajer. 8pm at the Al Whittle Theatre. See Aug 28 listing for description.

FRIDAY AUG 31

Zumbini Circus - On the Verge - 10:00pm \$10/\$8 advance - www.gatherontheverge.ca

Molly's Veil - A True Love Story by Sharon Bajer. 8pm Al Whittle Theatre. See Aug 28 listing.

SATURDAY SEPT 1

Molly's Veil - A True Love Story by Sharon Bajer. 2pm at the Al Whittle Theatre. See Aug 28 listing for description.

Boeing Boeing - A Farce by Marc Camelotti. Al Whittle Theatre in Wolfville at 8pm. See Aug 29th listing for description.

Rust Bucket from 10 - 1pm at the Wolfville Farmers' Market - Every Saturday morning 8.30am - 1.00pm Robie Tufts Nature Centre, Front Street. Free Parking, Live Music - www.wolfvillefarmersmarket.com

SUNDAY SEPT 2

Boeing Boeing - A Farce by Marc Camelotti at the Al Whittle Theatre in Wolfville at 8pm. See Aug 29th listing for description.

WEDNESDAY SEPT 5

Kentville Market from 10-2pm at the Kentville Town Square.

Wednesday Night On the Verge presented by t@b featuring Frank Harris and others. 8:30 - 11:00 NO COVER CHARGE. Check wednesday.wolfville.org for details.

THURSDAY SEPT 6

GOD'S MIDDLE NAME by Jennifer Overton (Based on her book "Snapshots of Autism"). Presented by In Good Company at Acadia Cinema's Al Whittle Theatre in Wolfville. 2007 Merritt Award Winner - OUTSTANDING NEW PLAY - OUTSTANDING PRODUCTION - For reservations, call 902 440-1097. Cash sales only. www.ingoodcompanytheatre.com

in good company presents

GOD'S MIDDLE NAME by Jennifer Overton
(Based on her book "Snapshots of Autism")

At Acadia Cinema's Al Whittle Theatre

Thursday Sept 6 at 8pm
Friday Sept 7 at 8pm
Saturday Sept 8 at 2pm and 8pm

Fall Yoga with Gail Kerr, certified instructor begins week of Sept. 11

Gentle Class Tue 10:30am
Beginner Class Tue 5:30pm
Yoga and Intro to Meditation Thurs 7pm

Call 542-3544
for more info and to register

WEEKLY EVENTS**Monday**

Open Mic at Paddy's Pub with weekly host at 8pm. Call 542-0059 for information

Tuesday

Open Mic at Just Us Cafe in Wolfville from 7-11 with host Adam Bazinet.

Nature Counts - Hike the Woodland Trails behind Acadia. Meet at the KC Garden main entrance. From 6:30 - 8:30pm (ends Aug 28)

Scottish Country Dancing - At the Wolfville School from 7:30 - 9:30 pm, September - May. Please call 542-5320

Wednesday

Wednesday Night On The Verge presented by t@b featuring multiple acts, no cover charge. 8:30 - 11pm

Grow with Art - An art rental program for children; Art Gallery at Acadia University from 3-5pm 542-2327

Kids Zone - After school program at Wolfville Library. 542-5760

Thursday

In the Round Knitting Group at Gaspereau Valley Fibres. Casual gathering of knitters, weavers, spinners, and rughookers, 1-4pm. 542-2656

The Dungaree Brothers - Come and enjoy some swampy blues at On The Verge. Music starts at 7:30pm. 542-9399

Jazz Generations plays cool jazz at Tempest from 7pm. Come in for dinner or just drinks at our new bar. NO COVER. Reservations 542-0588

Friday

Jazz Generations performing at On The Verge. 542-9399

Open Mic at Union Street Cafe 8pm (902) 538-7787

Saturday

Wolfville Farmers' Market - Every Saturday morning 8.30am - 1.00pm Robie Tufts Nature Centre, Front Street. Free Parking, Live Music - www.wolfvillefarmersmarket.com

The Vegetarians - Laying down a groove at On The Verge starting at 9pm. Please call 542-9399

Grow with Art - An art rental program for children at the Art Gallery, Acadia University from 1:30-3:30pm. 542-2327

Featured Performers at Paddy's Pub. Call 542-0059 for details.

Sunday

Celtic Music Session at Paddy's Pub. Call 542-0059.

Movies Of Interest Who's Who

by Megan Haliburton
 Every so often an actor comes along who really stands out. My most recent favourite is Joseph Gordon-Levitt. You may not recognize the name, but judging from the performances he's given in his last 3 movies, you will before long. The 26-year-old began his career at age 13, getting his first big break on the TV series "Third Rock From the Sun", playing the super-smart teen who's actually an alien explorer. Although very funny in this show, he gave no hint that his talent could reach such heights as it would in 2004's "Mysterious Skin", 2006's "Brick", & newly released "The Lookout".

In the ultra-cool teen-noir "Brick", an exhilaratingly good first feature from director Rian Johnson, Gordon-Levitt's a natural as a seemingly calm & quiet yet deeply intense tough-guy (a la Bogart...in high-school). In "Mysterious Skin" he's a street-wise hustler with a hidden traumatic past who shields himself from a brutal world by transforming his sweet, good-natured features into a mask of cynical charm. In "The Lookout" he again plays against type, as a young man who had been a star hockey-player in his school until he suffers a brain injury in an accident he himself causes. I adore & admire Joseph Gordon-Levitt. He makes me glad I'm a movie-junkie so I'll be sure not to miss what he does next.



Kelly Marie Redcliffe
 I met her for the first time in late 2005. I know she's a poet, I saw her doing a reading at the ArtCan gallery in Canning. She's also a mother to a very happy looking son: Sam. The three of them, this includes her husband David, can typically be seen at the Wolfville Farmers' Market. Yes, that's the place I met her.

When I close my eyes I can picture her: She pointing. It's not a computer style point and click, nor is it point and laugh, although laughter seems to be part of her as well. I've seen Kelly Marie pointing at the spot where a food producer or crafts person is supposed to set up their display at the Wolfville Farmers' Market. She is the market manager.

I'm just going to name a few of the things I know she's been doing. Had I let her tell me about every one of her managerial activities, I'd probably still be writing. She directs vendors to their allotted spot during the hour before official market begin. She then spends all of her time dealing with vendors and perspective vendors. She never drops her role as ambassador for the market, for locally grown and raised food. For locally created music. Kelly coordinates all kinds of administrative duties on days when there's no market. She books entertainment, schedules meetings and arranges publicity. The list continues. She connects people. Specifically: Kelly Marie connects local producers with local buyers. And she's great at it.



Adam Bazinet
 I first ran into him at the Wolfville Farmers' Market. It's just that kind of place. Adam was the featured musical performer. A very tall fellow. So tall, in fact, that his head was invisible during his performance, obscured by the canvas roof covering the stage. And I had just heard his hit song "Stop Listening" for the first time. Of course I had to have a copy of his CD (sold out by now) and I enjoyed it very much.

Since then, Adam has shared the stage at Gingers (Halifax) with A Band Of Owls, he's played Wolfville's "most intimate venue", the great room at Fairfield school. He's been featured on Wolfville community radio, at the Union Street Cafe in Berwick, and he'll be featured On The Verge on Wednesday, the 29th of August.

It's no wonder that Adam has acquired a steadfast following in the valley. He's provided many musicians with an opportunity to show their stuff at his weekly open mic event, which takes place every Tuesday night at the

Just Us cafe in Wolfville. He is an amazing poet, singing about people, young and old (Bill and Ida's Last Bittersweet Days), about where to go (East Coast or Amsterdam), about nothing (Stop Listening) and about the "Shores of Galilee". Many times have I been awakened by the refreshing angles of his insights. His guitar playing is superb and his vocals perfect. And the number of his fans increasing.

Oh, and if you see him, please tell him to soon release another CD so I can buy a few as Christmas gifts for myself and others...

Fundy Film Society
Once
 September 16: 4 pm + 7 pm
 September 17: 7 pm
\$8 General Admission
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www.fundyfilm.ca

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Valley Fruit

Dear inheritor's of the land,
 This is truly a time of year where our labours are coming to fruit. Branches bear beauty, hands drip with ripe fruit juice. The blossoms we celebrate have grown through the changing moon, ebb and flow and now share with us the best fruit in the country! I am sure of this. I've worked in the Okanogan; I've lived near Ontarian peaches. But not until I moved to the valley did I taste what a cherry was meant to taste like. And it's all right here. Can you believe it? My mind is blown everyday. All of the hands, all of the energy, natural ecosystems and love that go into every orchard, branch, melon patch and grove to bring us the most fresh, rich, real fruit. It's the countries best kept secret.

The blessing of our valleys fruit, its sweet prayer to grow,

and the juices that drip as the peach ripens on the tree, this is the way it's meant to be. Every time we turn around there is another fruit or berry ready to be eaten, baked or preserved. Melons ripening on the vine (WITH SEEDS), raspberries everywhere, blueberries lining the crevices of rocks at favourite swimming spots, and plums of gold more rich than any pirate's treasure. I love Nova Scotia fruit. Nothing compares.

The bounty and passion for local fruit can and will take over your heart and fruit basket. Preserves will sustain your summer memories and that urge to try new exotic foods will take you no further than this land that is built on agriculture. Here are a few ways to use fruit throughout the day:

Breakfast - Yogurt with Berries and Basil

Fill your favourite cup with whole, natural yogurt. Top with blueberries, cherries or raspberries. Thinly slice basil, sprinkle on top, add a bit of maple syrup, Voila!

Lunch - Fruit Salsa

Dice peach, yellow plum and tomato. Finely chop a few tbsps cilantro and scallions. Toss in bowl with a splash of lemon juice and olive oil, pinch of salt and pepper. Eat with whole grain bread, pita or have in a wrap with good cheese, and smoked meat.

Dinner - Melon Salad

4-5 cups diced melon. A heap of freshly chopped basil and garlic. Toss in bowl with olive oil and fresh feta. Grind pepper, sprinkle with salt and serve or keep chilled in fridge.

Dessert - Peach/Berry pudding

Preheat oven to 375

Sift together 1 cup flour (try spelt or unbleached white) with 2 tsp. baking powder and a pinch of salt.

Mix ¾ cup milk or yogurt with 1/2 cup room temp honey.

Mix in 1½-2 cups peaches, plums or berries.

Add wet and dry ingredients. Spread into large greased oven dish.

Cover with a sauce of:
 1 ½ cups of boiling water
 1 cup sugar or ½ cup maple syrup or honey
 A piece of butter the size of a walnut

1 tsp. vanilla
 Pour over batter. Bake covered for 40min. It may boil over so place a cookie sheet underneath. Enjoy.

Star Drop by Mark Oakley

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photos by Sharon Bernbaum

GOD'S MIDDLE NAME by In Good Company

An evocative parable of crashing into the unknown and accepting the unknowable, God's Middle Name is a compelling tale of one mother's journey through the uncharted territory of raising an autistic child. This stage adaptation of Jennifer Overton's illuminating and touching book *Snapshots of Autism* is a two-person 90 minute play without intermission.

The central figure, Jennifer, is the mother of the child with autism. A second actor plays the various other characters that interact with her, including her son Nicholas and husband David. The

structure of the play is an episodic journey over the course of 10 years, from confusion prior to a life-altering diagnosis, through stages of denial, anger, depression, bargaining and finally acceptance. Along the way are flights of fancy and a great deal of humour, found both in Jennifer's own approach to the challenge, and in Nic's perception of the world around him.

In Good Company is a Halifax based, registered not-for-profit theatre company incorporated in August of 2006. They began as an ad hoc group of like minded established artists who banded



together in 2005 to develop and produce a stage adaptation of Jennifer Overton's book *Snapshots of Autism*.

God's Middle Name comes to Wolfville on Sept 6, 7 and 8th at the Al Whittle Theatre. For reservations, call 902 440-1097

The Grapevine

The Grapevine is now brought to you by **Andy Flinn & Ariana Nasr** t@b (tabmusic.ca).

photo by Ming Bérubé-Sam



photo by David Gallant

Please contact us at:
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Wednesday Night - August 29 2007 - No Cover

ON THE Verge

8:30 t@b
 9:00 Adam Bazinet
 9:30 John Lynch
 10:00 Jack McDonald & John Kavanagh
 10:30 Rose Folks
 10:45 t@b

photo by Ariana photo by David Gallant photo by David Gallant photo by Ariana